

ONLINE SAFETY TIPS FOR YOUNG CHILDREN (UNDER AGE 8)

Help young kids explore safely and confidently online

Stay involved and Supervise

- Keep screens and devices where you can see and hear what your child is going
- Use child-safe browsers, filters or apps designed for younger users
- Watch or play alongside your child – talk about what they're seeing and doing
- Set time limits and take regular screen breaks together



Protect Privacy

- Never share your child's full name, school, address or photos publicly
- Turn off location sharing on all devices and apps
- Use strong passwords that only parents or caregivers have access to
- No online chats or messaging with strangers

Teach Safe Online Habits

- Tell your child: "If someone online asks questions about you, always tell me first."
- Remind them: "Only talk to people we know in real life."
- Encourage them to come to you if something they see makes them feel upset, scared or confused
- Teach that it's okay to turn off the screen or walk away when something feels wrong

Choose Age-Appropriate Content

- Check ratings before letting your child use an app, game or video
- Stick to educational and age-appropriate platforms
- Avoid autoplay features – choose specific videos or games instead
- Disable in-app purchases and ads whenever possible



Build Trust and Confidence

- Keep an open, calm tone when your child talks about online experiences
- Praise them for telling you if something doesn't feel right
- Reassure them they'll never be in trouble for being honest about what they see online
- Model healthy online behavior – your example teaches more than rules

Simple Rule for Little Ones

- If you wouldn't do it in person – don't do it online
- Ask first – don't talk to anyone you don't know in 'real life' without asking first
- Stay near a grown-up - only allow kids to play on devices when a caregiver is present
- Keep it kind – in person and online