



# voices of courage

CHILD ADVOCACY CENTER

## Parent Support & Education Program

### Session 1

January 21, 2019  
January 28, 2019  
February 4, 2019  
February 11, 2019

### Session 2

April 1, 2019  
April 8, 2019  
April 15, 2019  
April 22, 2019

### Session 3

July 1, 2019  
July 8, 2019  
July 15, 2019  
July 22, 2019

### Session 4

September 9, 2019  
September 16, 2019  
September 23, 2019  
September 30, 2019

### Session 5

November 18, 2019  
November 25, 2019  
December 2, 2019  
December 9, 2019

### Week 1

Strong Parents, Stable Children Part 1  
Presented by: Sarah Hardin

### Week 2

Strong Parents, Stable Children Part 2  
Presented by: Sarah Hardin

### Week 3

Self-Care  
Presented by: Andrea Peck

### Week 4

Trauma Parenting Tips  
Presented by: Andrea Peck

**To Register for classes, please call the Center at 816-232-1744**

Classes are held at the Voices of Courage Child Advocacy Center  
located at 1807 North Woodbine Road Suite E, St. Joseph, MO 64506

Please park and use entrance in the back of the building.